



HELLENIC SOCIETY  
OF GASTROINTESTINAL ONCOLOGY



JOHANNES GUTENBERG  
UNIVERSITÄT MAINZ  
UNIVERSITY OF MAINZ,  
I. DEPARTMENT OF INTERNAL MEDICINE,  
JOHANNES-GUTENBERG, GERMANY

UNDER THE AUSPICES OF



THE HELLENIC SOCIETY  
OF GASTROENTEROLOGY



HELLENIC  
SOCIETY OF  
MEDICAL  
ONCOLOGY

A EUROPEAN SOCIETY OF DIGESTIVE  
ONCOLOGY SUPPORTED MEETING



esdo

# COLORECTAL CANCER

## Progress and Prospects

On the occasion  
of the 20<sup>th</sup> Anniversary  
of the Hellenic Society  
of Gastrointestinal  
Oncology (HSGO)

**Saturday 19 & Sunday 20,  
May 2018**

**Hotel Royal Olympic, ATHENS**

CONGRESS SECRETARIAT



15, Mesogeion Avenue, 115 26, Athens, Greece  
Tel: 210 7499300, Fax: 210 7713795, [www.triaena.gr](http://www.triaena.gr)



## GENERAL INFORMATION

### Congress Dates

Saturday, May 19, 2018 08.30 - 19.45

Sunday, May 20, 2018 09.00 - 13.00

### Congress Venue

Royal Olympic Hotel

Athanasίου Διάκου 28, Athens, Greece 117 43, Phone: 21 0928 8400

### Registrations

Registration Type	Registration Fees
Specialists	60,00 €
Interns	40,00 €
Nurses – Students	Free

### Registration Includes

- Congress Material
- Coffee Breaks & Lunch Break
- Certificate of Attendance

### Congress Language

All presentations will be in English.

### Evaluation – Attending certificates

Continuing Medical Education (CME- CPD Credit) points will be awarded.

### Congress Secretariat



**TRIAENA**  
TOURS & CONGRESS

### Triaena Tours & Congress AE

15 Mesogeion Av., Athens, Greece PO 11526

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# COMMITTEES

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## ORGANIZING COMMITTEE

### Presidents

Triantafillidis J.K.  
Moehler M.  
Boukovinas I.

### Secretary

Papalois A.  
Thomaidis Th.

### Members

Govosdis V.  
Lypas G.  
Markoutsaki Th.  
Merikas E.  
Nicolakis D.  
Papavasileiou E.

## SCIENTIFIC COMMITTEE

### Presidents

Triantafillidis J.K.  
Moehler M.  
Boukovinas I.

### Members

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Govosdis V.  
Christodoulou D.  
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Markoutsaki Th.  
Merikas E.  
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Nicolakis D.  
Panteris V.  
Papalois A.  
Tambacopoulos D.  
Tzilves D.  
Thomaidis Th.  
Tsavaris N.  
Tzouvala M.  
Vagianos K.  
Xenos K.

# WELCOME LETTER

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**Dear Colleagues,**

We cordially invite you to participate in the scientific meeting entitled **“Colorectal Cancer: Progress and Prospects”**, which is organized by the Hellenic Society of Gastrointestinal Oncology, and the University of Mainz, I Department of Internal Medicine Johannes-Gutenberg, Germany, under the auspices of the Hellenic Society of Gastroenterology, and the Hellenic Society of Medical Oncology. The congress is labeled by the European Society of Digestive Oncology as a “Supported Meeting”. It will take place in Athens, Hotel Royal Olympic, on Saturday 19 and Sunday 20, May 2018.

The aim of the congress is to discuss the latest developments concerning the aetiopathogenesis, diagnosis, and therapeutic modalities applied in this probably most important malignant disorder of the digestive system. The Organizing and Scientific Committees are proud to emphasize that world-known experts from Germany, Japan and Switzerland, are participating in the scientific program along with a number of very well known Greek experts, thus making it a very promising and of high standards scientific meeting.

The sessions of the first day are devoted to the epidemiology, pathogenesis, diagnosis and treatment of the disease. Three round-table discussions as well as five state-of-the-art lectures covering a variety of hot topics will be included.

The sessions of the second day regarding the supporting role of the Patients’ Societies and their relatives, the role of specialized nurses in the care of patients, the role of diet in colorectal cancer pathogenesis and in improving the general situation of the emaciated patients, are of great importance for doctors dealing with the care of this malignancy. Finally, we expect that the involvement and active participation of medical students in the scientific program with a workshop dealing with the introduction of medical students in the world of digestive oncology, will positively influence their future scientific attitude concerning the digestive malignancies.

Dear Colleagues,

We believe that continuous learning is a mutual life-time process. In this regard we expect the exchange of knowledge between the speakers and the audience to become extremely useful for both parts, thus making the diagnosis and treatment of colorectal cancer more effective and up-to-date.

On behalf of the Organizing and Scientific Committees,

H.S.G.O.  
**J.K. Triantafillidis**

University of Mainz  
**M. Moehler**

H.S.M.O.  
**I. Boukovinas**

## SATURDAY, May 19 2018

08.00-09.00 Registration

09.00-09.30 **State-of-the-art Lecture (1)**

Descriptive epidemiology of colorectal cancer: The size of the problem and the significance of preventive strategies

*Chairperson:* E. Merikas

*Speaker:* J.K. Triantafillidis

09.30-11.00 **Round table (1)**

Progress in the etiopathogenesis of colorectal cancer

*Chairpersons:* D. Dimitroulopoulos - Ch. Kalantzis

09.30-09.50 Metabiotics: Their protective role in the pathogenesis of colorectal cancer

**M. Kyriakou**

09.50-10.10 Molecular pathological classification of CRC

**K. Barbatis**

10.10-10.30 Molecular mechanisms of colorectal carcinogenesis

**A. Kotsinas**

10.30-10.50 The role of Helicobacter pylori infection in colorectal carcinogenesis

**V. Papageorgiou**

10.50-11.00 Discussion

11.00-11.30 *Coffee break*

11.30-12.00 **Opening ceremony**

*Moderator:* Prof. A. Papalois, Secretary H.S.G.O.

**Welcome speeches**

**Prof. A. Papalois, "H.S.G.O.: 20 years of research and education devoted to digestive oncology"**

**I. Boukovinas, President of He.S.M.O.**

**D. Tampakopoulos, President of H.S.G.**

**J. Triantafillidis, President of H.S.G.O.**

**Prof. Dr M. Moehler, University of Mainz:**

Welcoming speech and opening address of the congress

## SATURDAY, May 19 2018

### 12.00 -14.00 Round table (2)

**Achievements in the screening and diagnosis of colorectal cancer**

*Chairpersons: N. Tsavaris - S. Georgopoulos*

12.00-12.20 MRI colonography in the screening and diagnosis of CRC:  
State-of-the-art 2018

**I. Tzovara**

12.20-12.40 Colonoscopy in CRC screening

**Th. Markoutsaki**

12.40-13.00 Stool DNA test and FOB test in the screening and diagnosis of CRC

**V. Panteris**

13.00-13.20 The challenging role of general practitioner in the screening  
and diagnosis of CRC

**Ch. Lionis**

13.20-13.40 Pitfalls in the diagnosis of CRC

**Th. Rokkas**

13.40-14.00 Discussion

14.00-15.00 *Lunch*

### 15.00-15.30 State-of-the-art Lecture (2)

**Advanced endoscopic detection of malignant and premalignant  
colorectal lesions**

*Chairperson: G. Anagnostopoulos*

*Speaker: R. Kiesslich*

### 15.30-16.00 State-of-the-art Lecture (3)

**Endoscopic Submucosal Dissection of malignant colorectal  
lesions in 2018**

*Chairperson: A. Papalois*

*Speaker: H. Kashida*

## SATURDAY, May 19 2018

**16.00-16.30 State-of-the-art Lecture (4)**

**Genoms and Cancer**

*Chairperson: C. Vagianos*

*Speaker: D. Thanos*

**16.30-17.00 State-of-the-art Lecture (5)**

**Mechanistic view of nutrition: correlation with colorectal cancer**

*Chairperson: A. Chiou*

*Speaker: V. Karathanos*

17.00-17.30 *Coffee break*

**17.30-20.00 Round table (3)**

**Treatment of CRC: Progress and prospects 2018**

*Chairpersons: I. Boukovinas - I. Souglakos*

17.30-17.50 Biomarkers and personalized therapy for CRC

**Th. Thomaidis**

17.50-18.10 Immunotherapy and beyond: Future immunotherapeutic strategies in treatment of colorectal cancer

**K. Göpfert**

18.10-18.30 Preoperative neoadjuvant therapy for colorectal liver metastases

**M. Moehler**

18.30-18.50 Surgical treatment of liver metastases

**E. Tagalos**

18.50-19.10 Current status of minimally invasive surgery of colon cancer and controversies

**Ch. Spyropoulos**

19.10-19.30 Radiotherapy for CRC: current standards and future perspectives

**E. Maragoudakis**

19.30-19.50 The multidisciplinary management of colorectal cancer: present and future

**U. Güller**

19.50-20.00 Boukovinas I., Souglakos J., et al. Duration of adjuvant chemotherapy for stage III colon cancer. (N.E.J.M. 2018,378:1177-1188)

**SUNDAY, May 20 2018****09.30-10.30 Round table (4)****Nursing care for patients with digestive cancer***Chairpersons: D. Papageorgiou - S. Giova*

09.30-09.50 Nursing care of patients operated-on for CRC  
**D. Tsilimigra**

09.50-10.10 Nursing care of patients under chemotherapy and/or radiotherapy for CRC  
**K. Souliou**

10.10-10.30 Stomas care  
**I. Kalemikerakis**

**10.30-11.00 Workshop (1)****Supporting patients with CRC: The role of patients' associations (Group of Volunteers against Cancer "AgkaliaZO")***Chairpersons: N. Karvounis - F. Konstantatou*

Present situation in Greece: proposals for improvement  
**A. Pasakopoulou**

11.00-11.30 *Coffee break*

**11.30 -12.00 Workshop (2)****Education and introduction of medical students to digestive oncology****(Scientific Society of Hellenic Medical Students)***Chairpersons: S. Nasikas - Th. Ntetsika*

11.30-11.45 Introducing and attracting medical students to the world of digestive oncology  
**O. Lyros**

11.45-12.00 Theoretical education of medical students in digestive oncology: Does it really exist in Greek universities?  
**A. Theodorou-Kanakari, G. Kalousis, S. Nasikas, Th. Ntetsika, E. Papantoniou, I. Papagiouvanni, A. Petrou**

SUNDAY, May 20 2018

**12.00-13.00 Round table (5)**

**Diet and CRC: From pathogenesis to prevention and treatment**

*Chairpersons: D. Salviera - B. Govosdis*

12.00-12.30 Diet and prevention of colorectal cancer

**K. Xenos**

12.30-13.00 Nutritional support of patients with advanced colorectal cancer: current aspects / guidelines

**C. Karagiannis**

**13.00 End of Congress**

